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Welcome to issue #9, we hope you enjoy reading these regular updates - keeping the AngelmanUK community connected.

If you require information or support please email <a href="mailto:support@angelmanuk.org">support@angelmanuk.org</a> or click on our logo which takes you to our website.

# join us

Are you the person AngelmanUK is looking for?

AngelmanUK is evolving and we are looking for new people to join our team of trustees and regional representatives. This will be a voluntary role but reasonable expenses will be covered. Trustees will be expected to attend 4 'in person' trustee meetings during the year and other on line meetings where necessary. Community ambassadors will be invited to attend meetings but are under no obligation to attend in person.

Do you have a specialist or professional interest in:

- Communication

- Health & welfare
- Science & research
  - Governance
  - Fundraising
- Marketing & social media
- Community engagement
  - Event planning

#### Do you live in

- Scotland
- Northern Ireland
- another region under represented by AngelmanUK

Would you like to know more about what is involved?

Please contact <a href="mailto:info@angelmanuk.org">info@angelmanuk.org</a> with your preferred role in the subject line and we'll get back to you as soon as we can.

### christmas

We have a brand new selection of Christmas cards available to purchase in support of AngelmanUK. The cards have been designed by our families and we are excited to share that you can purchase them as traditional paper cards or as an E card and donation to AngelmanUK. Please follow the buttons below to make your purchase.

Paper cards

E-cards

# family

Sam is a happy, sociable 12 year old and lives at a dairy farm in Downpatrick, Northern Ireland. He lives at home with his parents, Emma and Gavin, and his siblings Daniel (10), Naomi (6) and Nate (2)

#### What are his likes & dislikes?

Sam loves the outdoors and has a great sense of adventure. He enjoys many activities especially surfing on a sit-down surfboard, swimming and sailing. When he's not in the water he enjoys keeping active on the trampoline, speeding along zip-lines and exploring on his trike. He does occasionally chill out in his hammock or swing! Sam also loves animals and tractors too so it is very convenient he lives on a farm! He is very sociable and loves to give big hugs to everyone he meets. Sam dislikes sitting still!

#### Can you name one of his most recent achievements?

Our greatest hope for Sam is to communicate his wants and needs. We are proud of the fact that Sam has started using AAC. Communication ability takes time, but we are really pleased with Sam's progress! We feel he has matured and with his inquisitive nature and eagerness to learn he will become a successful communicator.

#### Is there anything you'd like to share with our families?

Never underestimate your child's abilities. Sam continues to amaze and surprise us. He is an amazing and very capable young man!

I would like to thank AngelmanUK for the support and events I've attended. I really benefit from meeting up with other Angelman families. Also winning the loan of a safety sleeper through an Angelman UK competition was fantastic. We had a great holiday this summer and Sam enjoyed trying out a new travel sleep solution. Most memorable events have been the communication conference, PODD training course and AAC club!



## finances

AngelmanUK knows the importance of having finances set up correctly in the event of a parent or carer passing away. Our Finance Officer & Sibling trustee, Alan Mounford-Brown, recently wrote a blog covering this subject for his secular job as a Protection Advisor. If you need support or more information

Click the button below to read the full post.

More info

# thank you

Without your fundraising and your donations there would be no AngelmanUK to offer support to your family. Whether big or small, every penny really does make a difference. Don't forget to keep up to date with us on social media to see who has raised money for us recently. If you have images to share with us, please email them to fundraising@angelmanuk.org

You might have seen us talk on social media about Team AngelmanUK, our group to bring together those who take part in sport fundraisers and celebrate their achievements. If you'd like to be part of Team AngelmanUK or are interested in being an ambassador for us, please email

team@angelmanuk.org

**Donate now** 

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