

Welcome to issue #7, we hope you enjoy reading these regular updates - keeping the AngelmanUK community connected.

If you require information or support please email <a href="mailto:support@angelmanuk.org">support@angelmanuk.org</a> or click on our logo which takes you to our website.

### feedback

We want to support you in the best way possible, so we are seeking feedback from the Angelman Syndrome community. Please click the button below to complete our survey.

Take the survey

# big news

AngelmanUK is excited to once again host the Angelman Syndrome Alliance scientific conference in conjunction with our 2024 family weekend.

Scientific conference - 3rd & 4th August 2024 Family weekend - 4th, 5th & 6th August 2024

Location - DoubleTree Hilton Hotel, Coventry, CV2 2ST

The scientific conference is open to those who have an academic understanding of science and research. It is primarily an opportunity for international scientists and researchers to meet and collaborate. A limited number of places are available for those who wish to observe, however, a comprehensive and easy to understand update will be provided during our fantastic family weekend - which is open to all.

We look forward to seeing friends old and new, please look out for further updates and booking information.

### events

This month we are hosting picnics in the park, take a look below to see if there is a meet up near you. If there isn't and you would be happy to meet local families at a park near you, please email <a href="mailto:events@angelmanuk.org">events@angelmanuk.org</a> to let us know. We can supply some decorations to help you stand out!

#### 19th August at 12pm

Gheluvelt Park (Worcester) - Dan Moir - <u>dan.moir@angelmanuk.org</u>
Sefton Park (Liverpool) - Sian Allen - <u>sian.allen@angelmanuk.org</u>
Alyn Waters (Wrexham) - Rachel Martin - <u>rachel.martin@angelmanuk.org</u>
Rouken Glen Park (Glasgow) - Tricia O'Neil - <u>stephenandtricia@hotmail.com</u>

### 20th August at 11-3pm

Richmond Park (London) - Souzie McKay - souzie.mackay@yahoo.com

### 27th August at 12pm

Rufford Abbey (Ollerton) - Rachel Haston - rhaston1983@hotmail.co.uk

#### Date and time TBC

Chester-Le-Street (Durham) - Alan Mountford-Brown - <u>alan.mountford-</u> brown@angelmanuk.org

If you plan to attend, please email the host to let them know get details of the meeting point.

# family

Gareth is 26 years old and lives in Northampton in a house with 3 other young adults and is supported by a team of carers. He visits his mum, Maria, twice a week and his sister Sian (AngelmanUK's sibling trustee) when she is home for a weekend.

### What are his likes & dislikes?

Likes - people watching, socialising, going to the disco & cinema, swimming, going out in the car, baking (mainly licking the spoon afterwards).

Dislikes - waiting, other people crying or being upset, being told off for doing something he shouldn't.

### Can you name one of his most recent achievements?

Last year Gareth moved into his new house away from his mum. As a family we are extremely proud of him and his ability to adapt to such a big change. It is clear to see that he enjoys being around his new housemates and he recently came with one of his carers to celebrate his nephew's first birthday.

### Is there anything you'd like to share with our families?

I would like to say to anyone that is uncertain as to whether their young person would cope moving from the family home into Supported Living or similar that if you a fortunate enough to find a genuine, caring provider it can be the making of your son/daughter as we have been lucky enough to discover in the last 12 months. I still have pinch me moments as we never dreamt Gareth

### would settle so well & so quickly. - Maria

If you'd like to be one of our featured families, contact <a href="mailto:sian.allen@angelmanuk.org">sian.allen@angelmanuk.org</a>



## clinic

Don't forget that you can request a referral to the Angelman Clinic in Manchester via your medical team.

Dr Catherine Breen
Consultant Clinical Genetics
Manchester Centre for Geonimic Medicine
St Mary's Hospital
Oxford Road

More info

# thank you

Without your fundraising and your donations there would be no AngelmanUK to offer support to your family. Whether big or small, every penny really does make a difference. Don't forget to keep up to date with us on social media to see who has raised money for us recently. If you have images to share with us, please email them to fundraising@angelmanuk.org

You might have seen us talk on social media about Team AngelmanUK, our group to bring together those who take part in sport fundraisers and celebrate their achievements. If you'd like to be part of Team AngelmanUK or are interested in being an ambassador for us, please email team@angelmanuk.org

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